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| **PERSONAL VALUES**  **Card Sort**  **W.R. Miller, J. C’de Baca, D.B. Matthews, P.L. Wilbourne**  **University of New Mexico, 2001** | **IMPORTANT TO ME** |
| **VERY IMPORTANT**  **TO ME** | **NOT IMPORTANT**  **TO ME** |
| **ACCEPTANCE  to be accepted as I am**  **1** 9/01 | **A CCURACY**  **to be accurate in my opinions and beliefs**  **2** 9/01 |
| **ACHIEVEMENT  to have important accomplishments**  **3** 9/01 | **ADVENTURE**  **to have new and exciting experiences**  **4** 9/01 |
| **ATTRACTIVENESS**  **to be physically attractive**  **5** 9/01 | **AUTHORITY**  **to be in charge of and responsible**  **for others**  **6** 9/01 |
| **AUTONOMY**  **to be self-determined and independent**  **7** 9/01 | **BEAUTY**  **to appreciate beauty around me**  **8** 9/01 |
| **CARING**  **to take care of others**  **9** 9/01 | **CHALLENGE**  **to take on difficult tasks and problems**  **10** 9/01 |
| **CHANGE**  **to have a life full of change and variety**  **11** 9/01 | **COMFORT**  **to have a pleasant and comfortable life**  **12** 9/01 |
| **COMMITMENT**  **to make enduring, meaningful commitments**  **13** 9/01 | **COMPASSION**  **to feel and act on concern for others**  **14** 9/01 |
| **CONTRIBUTION**  **to make a lasting contribution in the world**  **15** 9/01 | **COOPERATION**  **to work collaboratively with others**  **16** 9/01 |
| **COURTESY**  **to be considerate and polite toward others**  **17** 9/01 | **CREATIVITY**  **to have new and original ideas**  **18** 9/01 |
| **DEPENDABILITY**  **to be reliable and trustworthy**  **19** 9/01 | **DUTY**  **to carry out my duties and obligations**  **20** 9/01 |
| **ECOLOGY**  **to live in harmony with the environment**  **21** 9/01 | **EXCITEMENT**  **to have a life full of thrills and stimulation**  **22** 9/01 |
| **FAITHFULNESS**  **to be loyal and true in relationships**  **23** 9/01 | **FAME**  **to be known and recognized**  **24** 9/01 |
| **FAMILY**  **to have a happy, loving family**  **25** 9/01 | **FITNESS**  **to be physically fit and strong**  **26** 9/01 |
| **FLEXIBILITY**  **to adjust to new circumstances easily**  **27** 9/01 | **FORGIVENESS**  **to be forgiving of others**  **28** 9/01 |
| **FRIENDSHIP**  **to have close, supportive friends**  **29** 9/01 | **FUN**  **to play and have fun**  **30** 9/01 |
| **GENEROSITY**  **to give what I have to others**  **31** 9/01 | **GENUINENESS**  **to act in a manner that is true to who I am**  **32** 9/01 |
| **GOD’S WILL**  **to seek and obey the will of God**  **33** 9/01 | **GROWTH**  **to keep changing and growing**  **34** 9/01 |
| **HEALTH**  **to be physically well and healthy**  **35** 9/01 | **HELPFULNESS**  **to be helpful to others**  **36** 9/01 |
| **HONESTY**  **to be honest and truthful**  **37** 9/01 | **HOPE**  **to maintain a positive and optimistic outlook**  **38** 9/01 |
| **HUMILITY**  **to be modest and unassuming**  **39** 9/01 | **HUMOR**  **to see the humorous side of myself and the world**  **40** 9/01 |
| **INDEPENDENCE**  **to be free from dependence on others**  **41** 9/01 | **INDUSTRY**  **to work hard and well at my life tasks**  **42** 9/01 |
| **INNER PEACE**  **to experience personal peace**  **43** 9/01 | **INTIMACY**  **to share my innermost experiences with others**  **44** 9/01 |
| **JUSTICE**  **to promote fair and equal treatment for all**  **45** 9/01 | **KNOWLEDGE**  **to learn and contribute valuable knowledge**  **46** 9/01 |
| **LEISURE**  **to take time to relax and enjoy**  **47** 9/01 | **LOVED**  **to be loved by those close to me**  **48** 9/01 |
| **LOVING**  **to give love to others**  **49** 9/01 | **MASTERY**  **to be competent in my everyday activities**  **50** 9/01 |
| **MINDFULNESS**  **to live conscious and mindful**  **51** 9/01 | **MODERATION**  **to avoid excesses and find a middle ground**  **52** 9/01 |
| **MONOGAMY**  **to have one close, loving relationship**  **53** 9/01 | **NON-CONFORMITY**  **to question and challenge authority and norms**  **54** 9/01 |
| **NURTURANCE**  **to take care of and nurture others**  **55** 9/01 | **OPENNESS**  **to be open to new experiences, ideas, and options**  **56** 9/01 |
| **ORDER**  **to have a life that is well-ordered and organized**  **57** 9/01 | **PASSION**  **to have deep feelings about ideas, activities, or people**  **58** 9/01 |
| **PLEASURE**  **to feel good**  **59** 9/01 | **POPULARITY**  **to be well-liked by many people**  **60** 9/01 |
| **POWER**  **to have control over others**  **61** 9/01 | **PURPOSE**  **to have meaning and direction in my life**  **62** 9/01 |
| **RATIONALITY**  **to be guided by reason and logic**  **63** 9/01 | **REALISM**  **to see and act realistically band practically**  **64** 9/01 |
| **RESPONSIBILITY**  **to make and carry out responsible decisions**  **65** 9/01 | **RISK**  **to take risks and chances**  **66** 9/01 |
| **ROMANCE**  **to have intense, exciting love in my life**  **67** 9/01 | **SAFETY**  **to be safe and secure**  **68** 9/01 |
| **SELF-ACCEPTANCE**  **to accept myself as I am**  **69** 9/01 | **SELF-CONTROL**  **to be disciplined in my own actions**  **70** 9/01 |
| **SELF-ESTEEM**  **to feel good about myself**  **71** 9/01 | **SELF-KNOWLEDGE**  **to have a deep and honest understanding of myself**  **72** 9/01 |
| **SERVICE**  **to be of service to others**  **73** 9/01 | **SEXUALITY**  **to have an active and satisfying sex life**  **74** 9/01 |
| **SIMPLICITY**  **to live life simply, with minimal needs**  **75** 9/01 | **SOLITUDE**  **to have time and space where I can be apart from others**  **76** 9/01 |
| **SPIRITUALITY**  **to grow and mature spiritually**  **77** 9/01 | **STABILITY**  **to have a life that stays fairly consistent**  **78** 9/01 |
| **TOLERANCE**  **to accept and respect those who differ from me**  **79** 9/01 | **TRADITION**  **to follow respected patterns of the past**  **80** 9/01 |
| **VIRTUE**  **to live a morally pure and excellent life**  **81** 9/01 | **WEALTH**  **to have plenty of money**  **82** 9/01 |
| **WORLD PEACE**  **to work to promote peace in the world**  **83** 9/01 | **Other Value:** |
| **Other Value:** | **Other Value:** |