|  |  |
| --- | --- |
| **PERSONAL VALUES****Card Sort****W.R. Miller, J. C’de Baca, D.B. Matthews, P.L. Wilbourne****University of New Mexico, 2001** | **IMPORTANT TO ME** |
| **VERY IMPORTANT** **TO ME** | **NOT IMPORTANT** **TO ME** |
| **ACCEPTANCEto be accepted as I am****1** 9/01 | **A CCURACY****to be accurate in my opinions and beliefs****2** 9/01 |
| **ACHIEVEMENTto have important accomplishments****3** 9/01 | **ADVENTURE****to have new and exciting experiences****4** 9/01 |
| **ATTRACTIVENESS****to be physically attractive****5** 9/01 | **AUTHORITY****to be in charge of and responsible****for others****6** 9/01 |
| **AUTONOMY****to be self-determined and independent****7** 9/01 | **BEAUTY****to appreciate beauty around me****8** 9/01 |
| **CARING****to take care of others****9** 9/01 | **CHALLENGE****to take on difficult tasks and problems****10** 9/01 |
| **CHANGE****to have a life full of change and variety****11** 9/01 | **COMFORT****to have a pleasant and comfortable life****12** 9/01 |
| **COMMITMENT****to make enduring, meaningful commitments****13** 9/01 | **COMPASSION****to feel and act on concern for others****14** 9/01 |
| **CONTRIBUTION****to make a lasting contribution in the world****15** 9/01 | **COOPERATION****to work collaboratively with others****16** 9/01 |
| **COURTESY****to be considerate and polite toward others****17** 9/01 | **CREATIVITY****to have new and original ideas****18** 9/01 |
| **DEPENDABILITY****to be reliable and trustworthy****19** 9/01 | **DUTY****to carry out my duties and obligations****20** 9/01 |
| **ECOLOGY****to live in harmony with the environment****21** 9/01 | **EXCITEMENT****to have a life full of thrills and stimulation****22** 9/01 |
| **FAITHFULNESS****to be loyal and true in relationships****23** 9/01 | **FAME****to be known and recognized****24** 9/01 |
| **FAMILY****to have a happy, loving family****25** 9/01 | **FITNESS****to be physically fit and strong****26** 9/01 |
| **FLEXIBILITY****to adjust to new circumstances easily****27** 9/01 | **FORGIVENESS****to be forgiving of others****28** 9/01 |
| **FRIENDSHIP****to have close, supportive friends****29** 9/01 | **FUN****to play and have fun****30** 9/01 |
| **GENEROSITY****to give what I have to others****31** 9/01 | **GENUINENESS****to act in a manner that is true to who I am****32** 9/01 |
| **GOD’S WILL****to seek and obey the will of God****33** 9/01 | **GROWTH****to keep changing and growing****34** 9/01 |
| **HEALTH****to be physically well and healthy****35** 9/01 | **HELPFULNESS****to be helpful to others****36** 9/01 |
| **HONESTY****to be honest and truthful****37** 9/01 | **HOPE****to maintain a positive and optimistic outlook****38** 9/01 |
| **HUMILITY****to be modest and unassuming****39** 9/01 | **HUMOR****to see the humorous side of myself and the world****40** 9/01 |
| **INDEPENDENCE****to be free from dependence on others****41** 9/01 | **INDUSTRY****to work hard and well at my life tasks****42** 9/01 |
| **INNER PEACE****to experience personal peace****43** 9/01 | **INTIMACY****to share my innermost experiences with others****44** 9/01 |
| **JUSTICE****to promote fair and equal treatment for all****45** 9/01 | **KNOWLEDGE****to learn and contribute valuable knowledge****46** 9/01 |
| **LEISURE****to take time to relax and enjoy****47** 9/01 | **LOVED****to be loved by those close to me****48** 9/01 |
| **LOVING****to give love to others****49** 9/01 | **MASTERY****to be competent in my everyday activities****50** 9/01 |
| **MINDFULNESS****to live conscious and mindful****51** 9/01 | **MODERATION****to avoid excesses and find a middle ground****52** 9/01 |
| **MONOGAMY****to have one close, loving relationship****53** 9/01 | **NON-CONFORMITY****to question and challenge authority and norms****54** 9/01 |
| **NURTURANCE****to take care of and nurture others****55** 9/01 | **OPENNESS****to be open to new experiences, ideas, and options****56** 9/01 |
| **ORDER****to have a life that is well-ordered and organized****57** 9/01 | **PASSION****to have deep feelings about ideas, activities, or people****58** 9/01 |
| **PLEASURE****to feel good****59** 9/01 | **POPULARITY****to be well-liked by many people****60** 9/01 |
| **POWER****to have control over others****61** 9/01 | **PURPOSE****to have meaning and direction in my life****62** 9/01 |
| **RATIONALITY****to be guided by reason and logic****63** 9/01 | **REALISM****to see and act realistically band practically****64** 9/01 |
| **RESPONSIBILITY****to make and carry out responsible decisions****65** 9/01 | **RISK****to take risks and chances****66** 9/01 |
| **ROMANCE****to have intense, exciting love in my life****67** 9/01 | **SAFETY****to be safe and secure****68** 9/01 |
| **SELF-ACCEPTANCE****to accept myself as I am****69** 9/01 | **SELF-CONTROL****to be disciplined in my own actions****70** 9/01 |
| **SELF-ESTEEM****to feel good about myself****71** 9/01 | **SELF-KNOWLEDGE****to have a deep and honest understanding of myself****72** 9/01 |
| **SERVICE****to be of service to others****73** 9/01 | **SEXUALITY****to have an active and satisfying sex life****74** 9/01 |
| **SIMPLICITY****to live life simply, with minimal needs****75** 9/01 | **SOLITUDE****to have time and space where I can be apart from others****76** 9/01 |
| **SPIRITUALITY****to grow and mature spiritually****77** 9/01 | **STABILITY****to have a life that stays fairly consistent****78** 9/01 |
| **TOLERANCE****to accept and respect those who differ from me****79** 9/01 | **TRADITION****to follow respected patterns of the past****80** 9/01 |
| **VIRTUE****to live a morally pure and excellent life****81** 9/01 | **WEALTH****to have plenty of money****82** 9/01 |
| **WORLD PEACE****to work to promote peace in the world****83** 9/01 | **Other Value:** |
| **Other Value:** | **Other Value:** |